WEKIYA TEBBACE

MAY 2025, VOLUME 108

HERE ARE SOME TIPS FOR COPING WITH DROUGHT:

- Plant drought-resistant plants to reduce your water use in the yard.
- Fix leaks in your faucets and water pipes.
- Take short showers and turn the shower off between soaping up and rinsing.
- Reduce water use through behavior change and more water-efficient homes and landscapes by taking a free online course on the types, trends, and impacts of droughts.
- Avoid watering your plants when they don't need it. If you notice parts
 of your garden drying out quicker than others, then adding more
 mulch can help.

TO COPE WITH HEAT, YOU SHOULD:

- Drink plenty of water, even if you don't feel thirsty.
- Keep yourself cool by using wet towels, putting your feet in cool water and taking cool (not cold) showers.
- Retreat to a cooling center near you.
- Eat out of the fridge and skip the cooking.
- Keep personal electronic devices charged.
- Stay in touch with friends and family.
- Head outdoors early or late in the day.
- Dress for the occasion in light clothing.





Mother's Day is a holiday honoring motherhood, observed in various forms worldwide. In the United States, its origins are closely linked to the social movements following the American Civil War, particularly through the efforts of Ann Reeves Jarvis, a peace activist who initiated "Mother's Day Work Clubs" to improve health and sanitation. The modern celebration of Mother's Day was established in the early 20th century, largely due to the efforts of Anna Jarvis, who campaigned for a day to honor mothers and their contributions to society. Today, Mother's Day is celebrated on the second Sunday in May in the U.S. and has evolved to recognize the diverse roles of mothers.

Memorial Day (originally known as **Decoration Day**)^[1] is one of the federal holidays in the United States for honoring and mourning the U.S. military personnel who died while serving in the United States Armed Forces.^{[2][3]} It is observed on the last Monday of May. Memorial Day is also considered the unofficial beginning of summer in the United States.^[4]

It is a day for visiting cemeteries and memorials to mourn the military personnel who died in the line of duty. Volunteers will place American flags on the graves of those military personnel in national cemeteries.^[5] Others such as family and friends will also come to lay flowers and grieve on the graves of those who died in the US military.

The first national observance of Memorial Day occurred on May 30, 1868.^[6] Then known as *Decoration Day* and observed on May 30, the holiday was proclaimed by Commander in Chief John A. Logan of the Grand Army of the Republic to honor the Union soldiers who had died in the American Civil War.^[7] This national observance followed many local observances which were were inaugurated between the end of the Civil War and Logan's declaration. Many cities and people have claimed to be the first to observe it. However, the National Cemetery Administration, a division of the Department of Veterans Affairs, credits Mary Ann Williams with originating the "idea of strewing the graves of Civil War soldiers— Union and Confederate" with flowers.^[8] Armed Forces Day is a joint celebration of all six branches of the U.S. military: Air Force, Army, Coast Guard, Marine Corps, Navy, and the newly created Space Force. The day honors all people currently serving in the U.S. armed forces. This includes the men and women who have served or are serving in the Army, Navy, Marine Corps, Air Force, Space Force and Coast Guard, including the National Guard and Reserve components. The Army, Marine Corps, Navy, Air Force, Space Force and Coast Guard are the armed forces of the United States. The Army National Guard and the Air National

Guard are reserve components of their services and operate in part under state authority.



Official recognition as a holiday spread among the states, beginning with New York in 1873.^[8] By 1890, every Union state had adopted it. The world wars turned it into a day of remembrance for all members of the U.S. military who fought and died in service. In 1968, Congress changed its observance to the last Monday in May, and in 1971 standardized its name as "Memorial Day".



May 28, 2025

